

## ADULT SAILING LESSONS

Our Adult Program is structured to fit around your busy schedule. We do not have scheduled lessons for adults, but we welcome groups of three or more! We ask that you send us an e-mail to [ehyc@ehyc.org](mailto:ehyc@ehyc.org) or come by the office with the times you are available and we will pair you up with a certified sailing instructor for either:

**Beginner Lessons** which are designed to cover all the basics to make sure that you are comfortable and safe on the water. The full course is 18 hours on the water for a course fee of \$240/person.

Intermediate Lessons which are designed to bring out the sailor in you. Teaching more advanced topics such as spinnaker and trapeze. The full course is 24 hours on the water for \$320/person

**Note: We require a minimum of three people for bookings so bring your friends!**

## PRIVATE LESSONS

Private lessons are the fastest way to learn how to sail. All private lessons are taught by experienced CYA certified instructors who have experience tailoring a program that works for you. Two students can share a private lesson.

**Cost: \$50 per hour**

**Contact: [ehyc@ehyc.org](mailto:ehyc@ehyc.org)**

## NORTH SHORE SAILING TEAM

NSST is a racing program for all North Shore sailing clubs which allows competitive racers to enhance their sailing skills under expert coaches.

**For more information go to:**  
**[www.northshoresailingteam.com](http://www.northshoresailingteam.com)**  
**or contact Graeme Clendenan at:**  
**[director@northshoresailingteam.com](mailto:director@northshoresailingteam.com)**

## SCHOOL PROGRAMS

We can customize a high school program to fit your needs. Whether it is a one time sailing adventure for gym class or an extra curricular activity to strengthen the sailing community in your school we can make it work. All programs are taught by experienced CYA certified instructors who are trained to adapt to different levels of experience so everyone gets their money's worth from our programs.

Typical school programs run twice a week from the beginning of May to the middle of June from 4:00pm – 7:00pm.

**Cost: Dependent on individual program needs**  
**Contact: [ehyc@ehyc.org](mailto:ehyc@ehyc.org) for information**

## OTHER YOUTH SAILING PROGRAMS

### Commodores' Cup:

Each year EHYC has a large contingent of Sailing School sailors participating in the Commodores' Cup Regatta at RVYC. Fees are \$200 which includes the entry fee, use of club boats, and coach supervision.

**Dates: August 30- September 3**

## JUNIOR CLUB

EHYC began its Junior Club in 1992. Over the past fifteen years, many young sailors have enjoyed being members. We aim to continue to improve all aspects of young sailors' (age 10+) boating skills in a fun and friendly environment. Membership has grown in recent years to over sixty sailors!

This year we will have supervised spring and fall sailing on the weekends. Each year a Junior Executive is elected by the junior members, and works hard to organize social and sailing activities for the Junior Club.

Membership applications are available at [ehyc@ehyc.org](mailto:ehyc@ehyc.org) or at the office. Junior membership costs \$95, with a \$25 discount for sailing school students.

## CALENDAR OF EVENTS – 2010

Boat Wash Fund Raiser	May 1
Sail Past	May 8
Waves Regatta	July 2 - 4
Junior/Senior Race	July 25
EHYC Junior Cup	August 14-15
Wing Ding Open House	August 18
Junior Awards Night	November 28

## EHYC DEVELOPS OLYMPIC SAILORS

**Nikola Girke** is a former EHYC sailing school graduate and Junior Member. Nikola has competed in both the 2004 Athens (470) and 2008 Beijing (RSX) Olympic Games. We are very proud of Nikola's achievements. To follow and to donate to her London 2012 Olympic campaign visit [www.nikolagirke.com](http://www.nikolagirke.com).

**Way to go, Nikola!**

## EAGLE HARBOUR YACHT CLUB

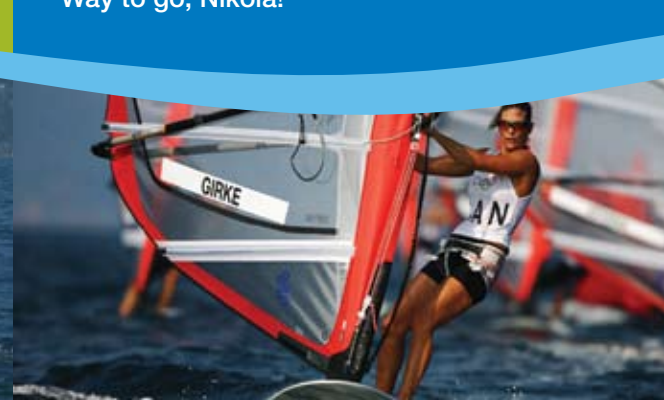
# 2010

## SAILING PROGRAMS



## EAGLE HARBOUR YACHT CLUB

5750 Eagle Harbour Road  
West Vancouver, BC V7W 1P5  
Phone: 604-921-7636  
Fax: 604-921-7631 E-mail: [ehyc@ehyc.org](mailto:ehyc@ehyc.org)  
Website: [www.ehyc.org](http://www.ehyc.org)



## EAGLE HARBOUR YACHT CLUB

At EHYC we are dedicated to teaching sailing in a safe and fun environment allowing students to:

- become involved in the amazing sport of sailing
- have an affordable introduction to sailing
- enjoy sailing as a healthy life long activity through membership in our Junior Club

## HISTORY

EHYC is nestled in a sheltered harbour in West Vancouver. Our summer sailing program has been teaching sailing since 1963. We offer a wide variety of programs and have an amazing facility from which to conduct our programs. EHYC has a fleet of over 20 dinghies, including Pirates, Laser 2s, Lasers, and Bytes. All our instructors are Canadian Yachting Association trained and certified so we can pass on our love of the sport of sailing safely and effectively.

## BASIC SAILING (WHITE SAIL I, II, III)

White Sail is a program designed to introduce sailors to the sport of sailing with an emphasis on fun and safety.

White Sail I, II, III (all levels each session)

SESSION	DATES
WS Session A	July 5 – July 16
WS Session B	July 19 – July 30
WS Session C	Aug 2 – Aug 13
WS Session D	Aug 16 – Aug 27

**Fees: \$440**

## ADVANCED SAILING (BRONZE SAIL IV, V)

Bronze Sail is for those who have completed White Sail III and are ready for a new and exciting challenge. Spinnaker and trapezing are taught along with advanced theory and seamanship.

Bronze Sail IV, V (all levels each session)

SESSION	DATES
BS Session A	July 5 – July 16
BS Session B	July 19 – July 30
BS Session C	Aug 2 – Aug 13
BS Session D	Aug 16 – Aug 27

**Fees: \$440**

## ADVANCED SAILING (SILVER SAIL VI)

Silver is for sailors who have completed Bronze and introduces sailors to the fun and excitement of racing! There is currently no Silver booked for Summer 2010, but if there is enough interest in this course, Eagle Harbour will be running a combined Silver program with WYVC. Please contact our office at 604 921 7636 or email us at [ehyc@ehyc.org](mailto:ehyc@ehyc.org) if you are interested!

## WHAT TO BRING

You will need a Coast Guard approved life jacket (supplied if necessary), a bathing suit, at least one change of clothes, a towel, rain gear, a hat, sunglasses, sunscreen, water, proper footwear (no flip-flops) and lunch/snacks.

## CANCELLATION POLICY

Notice of cancellation and refund request must be received 15 days prior to the beginning of a session. A cancellation fee of \$50 will be charged on all refunds requests. Absolutely no refunds after the start of a session: NO EXCEPTIONS, SORRY.

**All Summer Programs run from 9am to 4pm on weekdays, including holidays. Students must be able to swim – there is a test!**

## PHOTO SHOOTS

During each session, family members will have the unique opportunity to go out on a 34 ft sailboat to take pictures of the kids during their sailing lesson. Several time slots are offered for each session, and for a \$25 donation to the EHYC Junior Club you can get some fantastic pictures.

## REGISTRATION

To register for our Summer Sailing Programs please visit the sailing school section of our website at [www.ehyc.org/school.htm](http://www.ehyc.org/school.htm) and follow the link for on-line registrations. This is a new feature this year which has been added to make registration easier. You must provide all information required and pay by credit card to reserve your place.

Please contact us at 604-921-7636 or by email at [ehyc@ehyc.org](mailto:ehyc@ehyc.org) if you have any questions.

